

## 2024 Softball Pitch Count Information Sheet (from 2024 LL rulebook)

LL Type	League Age	Division	Maximum in a Day
Softball	8 - 10 years	Minor	12 innings in a day
	10 - 12 years	Major	12 innings in a day
	13 - 14 years	Junior	No Maximum

\*\* Not more than five (5) pitchers per team shall be used in one game (major/junior divisions)

\*\* Delivery of a single pitch constitutes pitching an inning.

### Rest Periods

Innings	Minor (8-10)	Major (10-12)	Junior/Senior (13/14)
More than seven (7) innings	One (1) calendar day of rest	One (1) calendar day of rest	No pitching restrictions apply

(a) Any player on the team roster may pitch. **EXCEPTION:** A player who has attained a league age of twelve (12) is not eligible to pitch in the Minor League.

(b) **Minors/Little League (Majors):** A player may pitch in a maximum of twelve (12) innings in a day. If a player pitches in seven (7) or more innings in a day, one calendar day of rest is mandatory. Delivery of a single pitch constitutes having pitched in an inning.

(c) **Minor/Major:** A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game but only once in the same inning as he/she was removed. A pitcher, withdrawn from the game offensively or defensively for a substitute, may not re-enter the game as a pitcher. Exception: See Rule 3.03(c). **Junior/Senior League:** A pitcher may be withdrawn from the game, offensively or defensively, and return as pitcher only once per inning provided the return does not violate the substitution, visits per pitcher, or mandatory play rule(s).

*For a 12-year-old participating in the Major and Junior League Divisions as permitted under Regulation IV(a), the pitching rules and regulations regarding days of rest that are pertinent to the division in which the pitcher is used will apply to that game. Innings pitched previously in both divisions are taken into account when determining the eligibility of the pitcher for a particular game, with respect to days of rest and number of innings available.*

(d) **Little League (Major) Division/Junior/Senior League:** Not more than five (5) pitchers per team shall be used in one game.

(e) Violation of any section of this regulation can result in protest of the game in which it occurs. Protest shall be made in accordance with Playing Rule 4.19.